

1. ADMIN CLOSING. Admin will close on 5 & 19 March at 1300 for training. We will be available for emergencies at x4962.

Additional Closing: The Admin Department will close at 1245 on Friday, 27 February for a department function. Please handle all business prior to that time.

2. PFA INFORMATION. Weigh-in/sign-in sheets commence 29 Mar 04 to 09 Apr 04 (0730-1030, 1300-1600). Departmental/Divisional PFA will be by appointment only; 29 Mar 04 - 09 Apr 04 at 0700 or 1100. All personnel must weigh-in in PT gear only; members in uniform will be turned away. Body composition waivers are special cases and only authorized as per reference OPNAVINST 6110.1G. April PFA dates are from 12 Apr 04-23 Apr 04 at 0700 or 1000, outside runs will be determined on 29 Mar 04. One Saturday (TBD) in April will be scheduled for PFA. Make up dates May 10-12. Make up PFA will be authorized only for those who are TAD or on Emergency Leave during the normal cycle. All newly reporting personnel who check in after 14 Jan 04 are exempted from the Spring PFA. POC is PR1 Theaker or MS2 Baisden at x6630 or SKC Harper at x2582.

3. AWARDS CEREMONY. The monthly awards ceremony will be 1330 on 2 March at MCPON Hall. The uniform will be Khaki's for E-7 and above and Winter Blue for E-6 and below. Awardees need to arrive NLT 1300 on 2 March. For members who are unable to participate, please contact Ms. Slavin at 4962 or 4963. See attached.

4. MARCH 2004 E4-E6 EXAMS: Below are important dates, times and locations regarding the March 2004 advancement exams. Please read this information carefully.

3 Mar: PO2 LTC must be completed, or LTC waiver must be approved, by this date.
4 Mar: E6 exam in bldg. 1127, rooms 117-121. DOORS CLOSE PROMPTLY AT 0700.
9 Mar: E6 late exam requests due to CCC office.
11 Mar: E5 exam at bldg. 190, Naval Reserve Center. MUST REPORT NO LATER THAN 0630.
16 Mar: E5 late exam requests due to CCC office.
18 Mar: E4 exam at bldg. 190, Naval Reserve Center. MUST REPORT NO LATER THAN 0630.
23 Mar: E4 late exam requests due to CCC office.

5. PENDING VEAP BENEFITS LEGISLATION. Currently, there is legislation pending in Congress that, if signed into law, would allow prior VEAP (Veterans Education Assistance Program) eligible Sailors who initially declined to participate in VEAP, a one-time opportunity to enroll in the Montgomery G.I. Bill. Many Sailors that entered active duty during the VEAP era (01 JAN 77 - 30 JUN 85) were advised by service counselors not to enroll in VEAP due to the high enrollment fee (\$2,700) and limited benefits. If passed, this legislation would allow these Sailors (and potentially their dependents) the same MGIB benefits afforded all Sailors that have entered active duty since 01 JUL 85. For more information regarding this pending legislation (H.R. 879) contact LCDR Rhoads (x2355) or visit the Military Officers Association of America website at <http://capwiz.com/moaa/issues/bills/?bill=1583001>. The website also contains a link to contact your member of Congress directly to express your views on this matter.

6. JOB INTERVIEWING SKILLS WORKSHOP. Need to learn job-interviewing skills? Need to improve job interviewing skills you already have? Need to learn how to be a good interviewee? Want to land that good job? This workshop is for you. A series of four workshops (with one makeup session) will be held starting 03MAR04. The workshop will cover the basics of interviewing, thinking fast on your feet, answering difficult question and reading "facial/body language". The class will be held at the USMEPCOM building at the intersection of Green Bay Rd. & Buckley Road. The class runs from 1100-1200 every Wednesday starting 03MAR. For more information or directions, please call Jeff Arthur at (847) 688-3680 X7316 or email him at jarthur@mepcom.army.mil.

7. 2004 VOTING REGISTRATION. The 2004 election cycle is already underway! NOW is the time to exercise your rights as a citizen by submitting your absentee ballot application form to allow you to fully participate in your local, state, and federal primary and general elections. Visit one of the following RTC Assistant Voting Officers to complete and submit your Federal Post Card Application (FPCA):

BLDG 1127 - ADMIN OFFICE	LT Webber	x4963	david.webber@navy.mil
LANT FLT - DH 7220	ITC(SW) Fullington	x3874	anthony.fullington@navy.mil
BATTLESTATIONS	DC1(SW/AW) Conner	x2067	lavoskia.conner@navy.mil
BLDG 1127 - RM 114	MA1(SW) Dexter	x3235	michael.dexter@navy.mil
BLDG 1212 - SAMT TRAINER	GM1 Hewitt	x6530	geoffery.hewitt@navy.mil
BLDG 1405 - INPROCESSING	DT1 Lamb	x2690	kimberly.lamb@navy.mil
LANT FLT - SHIP 3	CTR1(SW/AW/SG) Twiford	x6127	david.twiford@navy.mil
PAC FLT - SHIP 9	GM1(SCW) Wilkerson	x3613	steven.wilkerson@navy.mil

IT'S YOUR FUTURE. VOTE FOR IT!

8. Alcohol AWARE. The Command DAPA is looking for instructors interested in teaching the Alcohol AWARE course. Alcohol AWARE is a 4-hour command level course that includes basic information about alcohol use and associated risks, Navy policies, responsible drinking and alternatives. It is targeted at the E1-E4 and O1-O3 population. If you are interested in this Command collateral please contact the DAPA office at 4988/7593 or e-mail york.harwood@navy.mil.

9. COMMANDING OFFICER'S NONJUDICIAL PUNISHMENT: The following are results of CO's NJP held on 5 Feb 04:

A PO1 was found guilty of Violation of the UCMJ, Article 92, (4 specifications) to wit: SECNAVINST 5300.26C, wrongfully sexually harassing female recruits. Awarded: Reduction in rate to E-5, forfeiture of one-half month's pay for 2 months, 60 days restriction, and recommended separation from the U.S. Navy.

An E1 was found guilty of Violation of the UCMJ, Article 86, unauthorized absence. Awarded: Forfeiture of one-half month's pay for 2 months, 45 days restriction and extra duties.

An E1 was found guilty of Violation of the UCMJ, Article 117, provoking speeches and gestures and Article 128, (3 specifications) assault and assault consummated by a battery. Awarded: Forfeiture of one-half month's pay for 2 months (1 month suspended for 6 months).

An E2 was found guilty of Violation of the UCMJ, Article 92, Violation of a lawful written order, to wit: RTCINST 5370.2, wrongfully using racially explicit language. Awarded: Forfeiture of one-half month's pay for 2 months, reduction in rate to E1 (suspended for 6 months).

An E1 was found guilty of Violation of the UCMJ, Article 86, unauthorized absence and Article 92, violation of a lawful order by a Chief Petty Officer. Awarded: Forfeiture of one-half month's pay for 2 months, 45 days restriction and extra duties and recommended separation from the U.S. Navy.

10. MTS NOTE: Candidate Requirements: (1) Complete one of the Navy's formal instructor training paths: Instructor Training Course (NEC 9502) or Navy Leadership Instructor Training Course (NAVLEAD Instructor, NEC 9518). Personnel filling a training billet (e.g. Ship's Officer) who are not designated 9502 or NEC 9518 must complete the Navy Instructional Theory Correspondence Course, (NAVEDTRA 834) to meet the training requirement. Other enlisted military service personnel assigned to RTC must complete Instructor Training Course (NEC 9502). Any questions please call the MTS office at ext. 7027.

11. NAVY ONE SOURCE. Navy One Source is a free 24-hour information and referral service, available to all active and reserve sailors and their families. Navy One Source will cover areas such as parenting and childcare, educational services, financial information and counseling, civilian legal advice, elder care health and wellness, crisis support, and relocation information as well as many other fields. The service will offer practical solutions, background information, and advice via telephone, email, or the web. It is designed to augment existing Navy support activities; to help sailors and their families with personalized customer service and referral; and to link customers to key Navy resources, web pages, and call centers. CONUS telephone number is toll free 1-800-540-4123. OCONUS universal free phone at 800-5404-1233 or call collect 484-530-5914.

12. GOVERNMENT TRAVEL CARD SCAM. All Government Travel Charge cardholders should be alerted that during the past week, there have been several reports of external fraudulent activity targeted toward or affecting the government's charge card program. You are advised of the following:

Do not give out account information in response to a fraudulent e-mail claiming to be sent from Visa officials, stating that cardholders have to "reactivate" their accounts due to a "technical security update."

Be aware that bank employees would not take these actions. Recruit Training Commands APC Dawn Morin should be the only person requesting this type of information.

13. IN-SERVICE TRAINING FOR MTS CANDIDATES: In-Service Training will be held on Thursday 26 February 04 at 0900 and 1400 in Bldg. 1127, Room 125/126, GMT classroom. The topic will be "Responsibilities of the Curriculum and Instructional Standards Office (CISO)." Seven JQR line items will be signed off following class.

14. BLACK HISTORY MONTH SCHEDULE OF EVENTS, FACTS, AND TRIVIA QUESTIONS: February is Black History month; where we recognize and observe the many accomplishments of Black Americans. The upcoming events, facts, and trivia are listed below:

<u>DATE</u>	<u>EVENT</u>	<u>TIME/PLACE</u>
Feb 26th	Black History Month Program	1100/RTC Chapel
Feb 26th	Soul Food Meal at USO	TBD

BLACK HISTORY FACTS

***Althea Gibson (1927-2003) The first black American to win a tennis championship title.

***Arthur Ashe (1943-1993) The first black American male to win Wimbledon and the

U. S. Open.

BLACK HISTORY TRIVIA CONTEST: All this month, five questions will run weekly through the POW throughout the month, with the correct answers the following week for a total of 20 questions. This is the fourth week of questions. The person answering the most correct questions at the end of the month will win a gift and/or a gift certificate valued at up to \$50.00 donated by the Chief's Mess. There will only be one winner, so in the event of a tie, the person(s) will be contacted and names will be placed in a hat and a drawing will commence for those individuals. E-mail your correct responses to stephanie.glass@navy.mil. The winner will be notified via phone so please include your name and a contact number. The winner will also be published in the POW, so look for the questions (below) and good luck.

Answers to last week's questions appear below:

1. I was the First American Senator in 1870-71, who am I?
Answer: Hiram Revels.
2. What country became the first independent black ruled country in the western hemisphere?
Answer: Haiti.
3. In 1983, I became the first black deputy whip in the House of Representatives, What is the job of the whip?
Answer: Charles Rangel, the whip enforces party discipline and makes sure members attend session.
4. I owned this popular New York tavern in the 17th Century, what was it? and what was it popular for?
Answer: Samuel Fraunces, George Washington delivered his farewell address to his officers.
5. Who was the first African American female to be appointed to serve as the U. S. Secretary of Energy? and what President elected her?
Answer: Hazel O'Leary - Bill Clinton elected her

This week's questions:

1. Name the two black gymnasts who competed in the 2000 Olympic Games.
 2. Name the athlete who defied Hitler's theory of black inferiority by winning four gold medals at the Berlin Olympics.
 3. This memorial is called the Grave of the Uniform Soldier. Who designed it? Where is it located?
 4. The first book published by a black author in the U. S. appeared in 1858, Who wrote this book? What was the title?
 5. Who became the first black four-star general in U. S. Military History?
15. THE BLACK HISTORY MONTH USO SPONSORED SOUL FOOD DINNER. The dinner will be held on Thursday, 26 Feb 04, from 1730 to 1930 at the USO Great Lakes, Bldg 27, 2nd floor (NSTC). Open to all hands!!!
16. VITA VOUNTEER LIST. See attached.
17. CHAPEL SCHEDULE. See attached.
18. WATCHBILLS. See attached.
19. GALLEY MENU. See attached.
20. FLEET FAMILY SERVICE CENTER (FFSC). See attached link for all the FFSC notes.
21. NAVY NEWS. The Navy News can be accessed at the following web site:
<http://www.chinfo.navy.mil/navpalib/news/navnews/.www/navnews.html>.
22. POW SUBMISSIONS. Please forward all POW submissions to Patrick Foy and YN2 Harris via e-mail or call x4963. Requests are due by 1400 on Wednesday. Attachments such as watchbills and other text files can be attached to the POW. Large files containing graphics will not be attached due to the size of the document.

/s/

D. C. WEBBER