



DEPARTMENT OF THE NAVY
NAVAL TRAINING CENTER
2601A PAUL JONES ST
GREAT LAKES, ILLINOIS 60088-5000

NTCGLAKESINST 5100.24D
N33

FEB 2 8 1998

NTC GREAT LAKES (COMPLEX²) INSTRUCTION 5100.24D

From: Commander, Naval Training Center, Great Lakes

Subj: CARDIOPULMONARY RESUSCITATION (CPR) TRAINING PROGRAM

Ref: (a) OPNAVINST 5100.23D
(b) NTCGLAKESINST 5100.33A

Encl: (1) Personnel identified to be CPR certified

1. Purpose. To establish a Naval Training Center (NTC) Cardiopulmonary Resuscitation (CPR) Training Program as required by reference (a).

2. Cancellation. NTCGLAKESINST 5100.24C. This instruction has been substantially revised and should be reviewed in its entirety.

3. Scope. This instruction applies to all NTC Great Lakes component and tenant commands.

4. Discussion. The ABC's (Airway, Breathing and Circulation) of basic life support does save lives. Many victims who die as a result of heart attacks or other accidental causes, such as: drowning, electrocution, suffocation, drug intoxication, airway obstruction or automobile accidents, could have been saved by the prompt and proper application of CPR. The American Heart Association estimates that over 513,000 individuals nationwide (13,000 per year in the Chicago area) die from heart attacks alone each year. Over half of these deaths occur outside hospitals. CPR, when applied promptly before advanced life support systems arrive, can prevent many of these deaths. The alert and proper response to these medical emergencies may be as simple as maintaining an open airway.

5. Policy. All NTC Great Lakes personnel assigned to areas where there is risk of electrical shock, exposure to hazardous materials or other operations that could result in loss of normal heart or lung function, will, upon assignment to such duties, complete an approved course in CPR using reference (a). "Approved" means a CPR course prepared by either the American Heart Association or the American Red Cross and presented by a qualified and certified CPR instructor. Reference (b) addresses Bloodborne Pathogens (BBP). CPR instruction should integrate BBP prevention.

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6. Action

a. Commanding Officers and Officers-in-Charge of component and tenant commands shall:

(1) Review all work sites to identify those areas where personnel are at risk to electrical shock, the effects of hazardous materials or other operations which could cause loss of heart or lung function.

(2) Ensure, at a minimum, the following personnel are reviewed for CPR certification: Emergency Response Teams; Fire Department Personnel; Hospital Corpsman; Safety and Industrial Hygiene Personnel; Electrical Power Plant; Power Distribution; Electrical and Electronics Supervisory and Instructor Personnel; Supervisors (of above personnel or of personnel whose jobs pose comparable risks or severe injury); and personnel whose jobs pose comparable risks or who work at remote sites. Enclosure (1) lists personnel identified to be CPR certified.

(3) Provide logistical support for an ongoing CPR program.

(4) Submit CPR course records to the command safety officers after completion of each course.

b. NTC Safety Manager shall:

(1) Maintain documentation of component/tenant command CPR training.

(2) Coordinate and assist in resolving logistical problems related to the overall CPR program.



C. B. MARTIN
Chief of Staff, Operations

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NTCGLAKESINST 5216.5M
Lists I, II (Case B), III-A

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PERSONNEL IDENTIFIED TO BE CPR CERTIFIED

1. The following positions have been identified by commands/departments required to be CPR certified.

- a. MWR/NEX Electricians.
- b. Auto Hobby Shop staff.
- c. Lifeguards.
- d. Police/Fire first responders.
- e. Golf Course maintenance staff.

2. This list should be reviewed during the annual safety self-assessment in September.

